



Welcome!

I am Jyoti Bisarya and on behalf of the board, here is our third quarterly newsletter for 2022. If you missed our earlier newsletters, feel free to check them out at <https://sdnari.org/newsletters/> . We hope you had a wonderful summer and are staying healthy. We are very excited to see you in person at our **upcoming event on Sep 18**. We have a fun filled picnic planned for you so please be there. See flyer below for details.



Early Bird special ends on Sep 11 so get your tickets ASAP via PayPal or email us at sdnariyan@gmail.com.

As always, if you know a woman in need, please reach out to us via email or our hotline phone # (619) 800-8554. Thank you for all your support.

SD Nari Shakti Committee (Lead - Sneha Agarwal)

We have been very busy working on helping several women in need. Each woman's story is unique but no matter what the circumstances, our objective is always to help women become self reliant. Recently we **bought a car** for one of the women we were helping so that she would have transportation for work thus be able to support herself financially. Here is her story in her own words.

I came here for higher studies. While I was here, I met a local man who I fell in love with. Even though I had dated him for a year, after we got married, he shocked me. He would make questionable demands of me that violated my values and when I refused to give in, would get violent. He regularly used my temporary immigration status to threaten me. He even falsely filed domestic violence charges against me and served me with a temporary restraining order. Later he served me with divorce papers. My family primarily lives in India so with no knowledge and a limited support structure here, I turned to SD Nari. They were a source of constant support through this difficult phase of life. They empathized with me, provided me guidance and even helped me financially. They communicated with me every single day until my divorce was finalized. When they helped me find a job and also bought me a car, I was ecstatic because I could finally see a path for me to becoming independent. I am in a better place today and I want to tell anyone reading this to spread the word about SD Nari. I myself plan to support this organization and in turn help other women in need.

At the picnic we will be sharing more information on the kind of work we do..

SD Nari Seniors Committee (Lead - Asha Agarwal)

One of the biggest challenges for seniors during the pandemic was loneliness so that is when we started having regular picnics for both men and women in our senior community. We had these during the week so that we could avoid crowds and stay healthy. These picnics have been such a hit and people keep asking for more so the good news is that we have another one coming up on Sep 21. We look forward to seeing you there. See flyer below.



The flyer features the SD Nari logo at the top with the tagline 'Women for Women'. Below the logo is an illustration of three women holding hands. The main text reads: 'SENIORS (Both MEN and WOMEN)! Senior committee invites you to join us for a PICNIC'. A central photograph shows a picnic basket on a red and white checkered blanket in a grassy field. The event details are: Venue: Rancho Bernardo Community Park, 18402 W Bernardo Dr. 92128; Date: September 21, 2022 (Wednesday); Time: 11:30 am to 2:30 pm; Tickets: \$15 in advance by September 15, 2022 (\$20 at the gate); Send your check Payable to SD Nari 383 Avenida La Cuesta San Marcos CA 92078. A purple box in the center contains the text: 'FOOD, MUSIC, FUN and GAMES Bring your own chair'. RSVP information is provided on both sides of the flyer.

SD Nari
Women for Women

SENIORS (Both MEN and WOMEN)!
Senior committee invites you to join us for a PICNIC

Venue: Rancho Bernardo Community Park, 18402 W Bernardo Dr. 92128
Date: September 21, 2022 (Wednesday) **Time:** 11:30 am to 2:30 pm
Tickets: \$15 in advance by September 15, 2022 (\$20 at the gate)
Send your check Payable to SD Nari 383 Avenida La Cuesta
San Marcos CA 92078

RSVP:
Asha A 619-992-3210
Asha K 858-774-0335
Seema 858-205-9728
Krishna 858-776-9487

FOOD, MUSIC, FUN and GAMES
Bring your own chair

RSVP:
Bhavana 281-638-4722
Santosh 508-314-1247
Urmil 312-315-1759

SD Nari Youth Committee (Lead - Kavita Shah)

Over the course of the last three months, it was emotional to say goodbye to the seniors leaving for college but at the same time we were so excited about the new members joining us. A warm welcome to Aashiyana, Anya, Deena, Sai, and Shree. Check out the collage we made of the new

team.



We plan to organize many projects in the coming months such as a College Application Process panel discussion, a Bake Sale Fundraiser, etc. More details to come! In the meantime please support us at the SD Nari Picnic on Sep 18 where we will be offering gently-worn saris for a nominal donation. Visit us and hopefully you will take home a beautiful sari!

Please spread the word about our committee to any high school girls who would be interested so we can continue to benefit as many youth as possible. For more information, email us at sdnariyouth@gmail.com.

To learn more about SD Nari or to volunteer with us, please visit <http://sdnari.org/> and follow us on Facebook at <https://www.facebook.com/SDNari/>

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